



# Making Your School Toilet Better For You



# How to use this guide

This is an Easy Read version of our full guide.

If you need help reading it, ask someone you trust to go through it with you.

It was made by Astor Bannerman, a company that helps schools adapt their toilets to meet their students' needs.

## What this guide is about

**Sometimes, people need to change their school to help them:**



Be safe.



Be clean.



Be independent.



Be included.

**This guide tells you:**



What these toilets are like.



What changes can be made.



About the equipment like washbasins and toilets.



Why they are a good idea.



# What hygiene rooms are like

A hygiene room is a toilet that is bigger than other toilets, and has extra things in it to help you.

**At a school for younger children, the hygiene room might have:**



A toilet and changing bench.



A hoist to lift you safely.



Space for you and your helper.

**At a school for older children, the hygiene room might also have:**



A bigger changing bench.



A shower.



A different type of toilet called a sluice toilet.

Every hygiene room is designed to suit the people who use it.



# How they are made

**When your school plans a hygiene room, they work with:**



An Occupational Therapist to make sure the design works for you.



A company like Astor Bannerman to help choose and install the right equipment.

**They think carefully about:**



Space to move around



Lighting and sounds



Privacy and safety



Calm, comfortable colours



# The equipment

**A Hygiene Room might include:**



Changing tables that move up and down



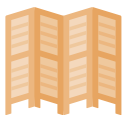
Ceiling hoists to help lift safely



Washbasins you can reach easily



Showers with no step so they are easier to get into



Privacy screens so you feel comfortable

# Training and safety

School staff are trained to use the equipment safely.

They learn how to help you feel comfortable and how to keep the room clean and safe for everyone.

Equipment is checked often to make sure it works properly.



# How this helps you



You can stay at school for longer



You can get the help you need privately and safely



You can feel more independent



You can join in everything at school just like everyone else

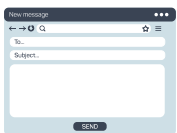
## Need more help?

You or your carer can contact Astor Bannerman.

We help families, OTs, schools, architects and councils with planning and equipment.



Website: [www.astorbannerman.co.uk](http://www.astorbannerman.co.uk)



Email: [info@astorbannerman.co.uk](mailto:info@astorbannerman.co.uk)



Phone: 01242 820820

